



# the Lamp

Shantiniketan Community  
Monthly Magazine  
Tavares, Florida

MARCH 2026

## Contents

1. Editorial-APNI BAAT...1
2. HOLI...3
3. Around Shantiniketan...6
4. INFO /Item of interest...11
5. AAPKI BAAT...12
6. Bharat...14
7. Senior Living...15
8. For your pleasure...16

## from the Editor

### Apni baat

No, it is not a “April Fool” prank! The first issue of the Lamp 2026 is real, which you started reading!!

I have always felt strongly that a community Newsletter plays an important role in 1) disseminating the information to the residents and giving them platform to express their thoughts/ ideas, 2) establish communications between Residents and the Board 3) foster understanding, camaraderie and solidarity amongst the Shantiniketians (as a bridge of communication); in spite of the diverse backgrounds of the residents and the different cultures in individual campuses.

I strongly feel that as united Shantiniketan, we not only enjoy togetherness and harmonious relationship amongst ourselves but also will have positive impact/contribution in Lake County.

My 1<sup>st</sup> attempt was weekly Newsletter and quarterly Magazine from April 2015 to April 2016. I needed respite however since no one willing to take over, it ended.

Then in later part of 2019 Dr. Dinesh Shah (SN2) started a quarterly newsmagazine “Lamp”. However, being too busy with writing book and other professional commitments, he handed over the responsibility to me. So, my 2<sup>nd</sup> round of editing/publishing “Lamp” was from February 2020 to February 2023. Again, I wanted respite and since no one came forward, further publication of Lamp ended.

With advancing age, the mental and physical capabilities are dwindling. Though I have been contemplating with 3<sup>rd</sup> round of editing/publishing for almost 2 years, but was not sure that I will be able to do it on consistent basis. Finally, inspired by some well-wishers, I decided to try this out one more time, with hope that with your contribution, help, encouragement, I will be able to make it for a year once again this time.

I must gratefully acknowledge RK bhai (R. K. Nair-SN3) for frequently encouraging me to restart publishing Lamp and willingness for formatting it. So, the professional, eye-pleasing format of published Lamp, is the result of RK bhai's expertise.

Barring unforeseen circumstances, we will try to bring Lamp to you by 1<sup>st</sup> week of the month.

Any feedback, contribution should be emailed to me (kedarverma@gmail.com) latest by 15<sup>th</sup> of the month.

From each SN community, I am looking for at least two contributors/reporters. Photographer and commentary writer, related to events of the month. Please, contact me ASAP if you are willing to help. In the meantime, well-wishers Dr. Dinesh O Shah and Baldev Seekri from SN2 and our own Ashvin Gandhi from SN3 have assured me of their continuing support to enrich the Lamp.

During any event, I see so many people take photos. I request them to send me the pertinent photos (kedarverma@gmail.com) in timely manner, which can be used in the Lamp.

Please, contribute in whichever way you can.

For next issue of Lamp, send your narrative/write-up (200 words or less): Do you think God exists? What is your concept of God?

Cheers!

*Kedar Verma* (SN1-B9)

“सावधान रहो...  
बुद्ध ने कहा है—  
गलत व्यक्ति के साथ एक क्षण भी  
मन को कई दिनों तक  
अशांत कर सकता है।  
संगति सिर्फ लोगों की नहीं होती,  
विचारों की भी होती है।  
जिस संगति में मन भारी होने लगे,  
वह संगति  
छोड़ देना ही बुद्धिमानी है।”

॥ हे पार्थ ॥

मनुष्य कितनी ही चालें क्यों न चल ले,  
अंत में परिणाम उसी के हाथ होता है  
जिसकी मर्जी से संसार चलता है।  
योजना इंसान बनाता है,  
पर निर्णय सदैव ईश्वर का होता है।



# HOLI

Hindu New Year



Almost every culture and most nations celebrate, in one form or another, a **festival of light and colors** as a harvest festival, expressing gratitude for nature's abundance and the cycle of renewal. Among them, **Holi in Bharat (India)** surpasses all for its unmatched enthusiasm, joy, and mass participation.

Festivals in Sanatan Dharma are deeply aligned with the rhythms of nature. Unlike the *Western New Year* on January 1, which arrives amid the quiet barrenness of winter, *the Hindu New Year (Vikram Samvat) begins with Holi*, when nature itself celebrates rebirth. Trees awaken with tender new leaves, flowers blossom in abundance, and the air hums with butterflies and bees — a living canvas of color and vitality.

It is a season of rejuvenation, perfectly reflecting the spirit of a new beginning.

Holi is unique not only for its joyous play of colors but also for the philosophy and psychology embedded within it. The *eve of Holi*, Holika Dahan, falls on the last day of the last month (Phagun Purnima), of the old Hindu year (Vikram Samvat calendar), symbolizing the burning away of negativity. The following day ushers in the new year with Chaitra Pratipada, celebrated in the spirit of renewal.



Even the word Holi carries a gentle message — often interpreted as “Ho-Li” (हो & ली), meaning “what has happened has passed.” It reminds us to release grudges, forgive past hurts, and cleanse the heart of resentment on last day of old year. As the old year fades, we let the fire consume bitterness; and following day, welcome the New- Year with love, harmony, friendship, and shared joy.

Thus, Holi is not merely a festival of colors; it is a celebration of renewal — in nature, in society, and within the human heart. *Indeed, an incredible way of celebrating the beginning of the New Year.* 🌸🌺

ये धुंध कुहासा छंटने दो,  
रातों का राज्य सिमटने दो।  
प्रकृति का रूप निखरने दो,  
फागुन का रंग बिखरने दो।

प्रकृति दुल्हन का रूप धार,  
जब स्नेह - सुधा बरसायेगी।  
शस्य - श्यामला धरती माता,  
घर -घर खुशहाली लायेगी।

तब चैत्र शुक्ल की प्रथम तिथि  
नव वर्ष मनाया जायेगा।  
आर्यावर्त की पुण्य भूमि पर  
जय गान सुनाया जायेगा।

युक्ति - प्रमाण से स्वयं सिद्ध,  
नव वर्ष हमारा हो प्रसिद्ध।  
आर्यों की कीर्ति सदा -सदा,  
नव वर्ष चैत्र शुक्ल प्रतिपदा।



रामधारी दनिकर

differences.

**Good Over Evil (Holika Dahan):** The day celebrates the victory of Prahlad over the demoness Holika, marking the triumph of good over evil.

**Social Harmony:** Playing with colors brings people together, as social barriers, age, and caste differences are forgotten when everyone is covered in the same bright shades.

### Key Colors of Holi and Their Significance:

**Red:** Symbolizes love, passion, fertility, and



marriage.

**Green:** Represents nature, growth, new life, and the start of spring.

**Blue:** Associated with the Hindu deity Krishna, representing calm, nobility, and the divine.

**Yellow:** Symbolizes turmeric (a sacred spice), knowledge, learning, and happiness.

**Pink/Magenta:** Represents joy, youthfulness, and companionship.

**Purple:** Signifies wisdom, royalty, and magic

Originally, these powders were made from natural sources like neem, kumkum, and turmeric to provide health benefits during the seasonal change.

## Reasons for Playing with Colors on Holi:

Holi, the Hindu “Festival of Colors,” uses powders (gulal-various colors) and water by smearing faces and drenching friends.

**Reasons for Playing with Colors on Holi:**  
Holi, the Hindu “Festival of Colors,” uses powders (gulal-various colors) and water by smearing faces and drenching friends.

**Celebrating Spring and Nature:** The vibrant colors symbolize the rejuvenation of life and the abundance of nature with the onset of spring.

**The Legend of Radha and Krishna:** Lord Krishna was insecure about his dark blue skin compared to Radha’s fair skin. His mother advised him to color her face, which inspired the tradition of painting friends and loved ones to eliminate

Glimpses of Holi Celebration in Shantiniketan

SN1



SN2



SN2



# Around Shantiniketan

In all three SN campuses various events and activities take place. We want to include all the past month's events, photos, activities and list of upcoming events of interest to all Shantiniketians in "Around Shantiniketan" section.

In this issue, the limited events were submitted. Hopefully, in future we will have almost all the activities

## Our Venkat Pillay

(recently moved from SN3 to Orlando), remains active in many fronts. He competed in 10K race on March 7<sup>th</sup> arranged by Mayor of Orlando. Congratulations Venkat! Way to go!!



## Dr. Ramesh Shah

We all know, Dr. Ramesh Shah is good photographer and nature lover, however how many of us know he is also a good painter?



## Happy Birthday

SN1: Greetings to Rajeshwar Prasad on his 94<sup>th</sup> birthday.



# Best Wishes

to Kaushik Patel on his 85<sup>th</sup> B'day



# Congratulations



to Dr. Prakash Goyal and Rama Patel as they join the "SN Nonagenarian Club". Dr. Prakash Goyal celebration was on 7<sup>th</sup> February



# Rama Patel

celebrated on March 6<sup>th</sup>. Entertainment program was bit spicier with action song of Dadi Amma man jao (दादी अम्मा, मान जाओ) with her granddaughters; and the skit where she has party with her friends and negotiates for free Pizza in exchange for 'आशीर्वाद' with Pizza delivery boy. Everyone acted well. Ramaben was the star of the show, great acting!



# Drama: 'Sudama Milan' in SN3

on 22nd March 2026 was well attended, and admired for the superb choreography and acting



# FUN AND FOOD FAIR



Fun and Food Fair in SN3 was most recently held on March 8<sup>th</sup>. was an innovative idea and 7<sup>st</sup> such program in SNs. Everyone had fun-filled, very enjoyable afternoon. Here are some glimpses.



# Fashion Show in SN3

SN3 is well-known for innovative ideas and creativities. The Fashion Show was one of the best and most applauded programs. The participants were incredibly attractive wearing the dress of different regions/cultures. Unfortunately for space constraints we could not put the individual photos of all the residents. We selected just the group photo (which you can zoom to admire) and a couple of individual ones. -Editor



# Information/ Item of interest

In this section we plan to bring to you, certain items/Information which Lamp readers may find useful. Where the [link/URL](#) available, we will put for those interested in details.

*Reader's contribution is solicited. -Editor*

## Five Things You Should NEVER

### Pour Down Your Drain

*To prevent severe plumbing blockages and expensive repairs, never pour fats, oils, grease (FOG), starchy foods (pasta, rice), coffee grounds, flour, or harsh chemicals down the drain. These items solidify or expand in pipes, causing blockages, while chemicals can damage pipes and harm the environment.*

**Fats, Oils, and Grease (FOG):** Bacon fat, lard, and cooking oil harden, creating major blockages, so they should be collected in a container and thrown in the trash.

**Starchy Foods (Pasta and Rice):** These items expand when combined with water, causing significant clogs, and should be disposed of in the garbage.

**Coffee Grounds:** Coffee grounds can clog pipes and create sludge, so they should be composted or put in the trash, notes a video by Problem Solved on YouTube.

**Flour:** When mixed with water, flour forms a paste that can plug up drains, so it should always be placed in the trash.

**Medications and Chemicals:** Medicines and household hazardous waste should never be poured down the drain, as they can ruin pipes and pollute water systems.

### Alternatives for Safe Disposal:

Compost: Eggshells, coffee grounds, and food

scraps should be composted, not put down the drain.

**Use Strainers:** Always use a sink strainer to catch food particles.  
**Trash, Not Sink:** Use a container for grease and dispose of it in the trash, says a video from American Water Newsroom. [Click to Watch](#)

## CDC Issues Level 2 Travel Advisory for Poliovirus in Multiple Countries

In a recent [CDC Level 2 travel advisory](#), the agency warned on March 3rd that poliovirus has been detected in multiple destinations within the past 12 months, urging travelers to ensure polio vaccination is up to date before international travel.

Most of the countries in the list from South America and Africa. UK and Pakistan are included, fortunately India is not.

[Click to Watch](#)

## Right time to Eat Yogurt? Who Should Avoid It & Why?

Yogurt is one of the healthiest foods and should be on a daily diet. It supports the gut's good bacteria and also our overall digestion.

What's the best time to have yogurt?

**Eating at night:** As the night begins our metabolism the gut motility starts slowing down. So, for some people especially for those who are suffering from sinus problem, repeated nasal congestion, asthma or those prone for having cough at night and for people with acidity having yogurt at night might not be a good idea because it can increase the mucus, also can increase bloating. The best time for these people is, the lunchtime.

**First thing in the morning:** Yogurt should not be eaten on an empty stomach. In the morning the gastric acid and the bile juice that is sitting in the stomach overnight can actually disturb the good bacteria in the yogurt. So, pair it with food to buffer the stomach acid and helps the good bacteria in the yogurt to survive.

*Try not to have it with fish or meat because it*

can cause indigestion, bloated feeling. Also, avoid it with certain fruits, like orange, lemon, kiwi, pineapple directly because they are acidic in nature and may cause bloated and gassy.

Avoid soon after coffee or tea straight for the same reason.

*Eating yogurt with too much salt or sugar is not a good idea. Excess salt may cause water retention, worsen hypertension and congestive failure. Sugar feeds the bad bacteria in the gut. So, have plain unsweetened yogurt. For sweetness add couple of drops of honey or mix it with some fresh fruit. Avoid flavored yogurts. They are loaded with preservatives, food stabilizers, added sugars. Homemade yogurt or plain yogurt is best, which will get you the probiotic benefit, you need.*

Keep yogurt in fridge and consume within a week. If it is smelling sour or tastes different, it is probably over fermented. The bacterial flora altering and yogurt is becoming acidic. Especially those with gastritis, acidity, reflux, should avoid such yogurt.

Lastly yogurt is not for everyone. There are increasing population with lactose intolerance. Depending upon the severity, it could be minor/manageable to severe. Symptoms include bloating, stomach pain diarrhea etc. A simple breath test can confirm true lactose intolerance.

*In summary, eat yogurt in the daytime rather than at night. Don't have it on an empty stomach and try and avoid mixing it with citric fruits. Don't add salt or sugar to it. Certainly, don't take any flavored sweetened yogurts. Don't eat if it is sour.*

*Those unable to tolerate dairy products, may have lactose intolerance. A simple breath test can confirm it.*

[Click to Watch](#)

### संता - बंता

संता और बंता बहुत सालों के बाद मलि तो पता चला दोनों की शादी हो गई ।

संता: कैसी है तुम्हारी वाइफ ?

बंता : दोस्त, स्वर्ग की अप्सरा है, और तेरी ?

संता: मेरी तो अभी जदि है ।

# AAPKI BAAT

## Reader's input

This section is related to readers' Suggestion, Viewpoint and discussion. We solicit readers to express their thoughts and views.

We asked couple of well-wishers of Lamp for their input related to "How to foster understanding, camaraderie and solidarity amongst the Shantiniketians; in spite of the diverse backgrounds of the residents and the different cultures in individual campuses?" As united Shantiniketan, we not only will enjoy togetherness and harmonious relationship amongst ourselves but also will have positive impact/contribution in Lake County" They suggested doing certain community activities together ie Volunteerism, charity, going out to dining together and alike.

Please read their piece, ponder on it and help to **execute**. -Editor

**Baldev Seekri SN2** (Author of organizational Turnarounds; Seizing Success: Meaningful Aging)

Spanning three campuses and home to 300 condominiums, Shantiniketan Retirement Community is uniquely positioned to make our senior years both fulfilling and purposeful. To realize this potential, we must collectively embrace three commitments: standing united even when our views differ; celebrating our cultural heritage with pride; and, above all, dedicating ourselves to serving the Tri-City community—Tavares, Mount Dora, and Eustis.

Many—if not most—condo owners in our retirement community have enjoyed remarkable success in their professional lives. We are not only financially self-sufficient but, in many cases, fortunate enough to be able to support those in our surrounding communities who are hungry, struggling, or caught in circumstances beyond their control. During our pre-retirement years, we experienced our share of comfort, recognition, and personal

pursuits. Now, in this final quarter of life, with time more precious than ever, we have an extraordinary opportunity: to make our remaining years purposeful by helping others and to experience the deep, authentic happiness that comes from serving those in need.

Let us put our heads together and act, rather than merely wishing and talking. And let us remember an eternal truth: *you are not remembered for what you did for yourself, but for what you did for others*

### Dinesh Shah (SN2)

In my opinion, we all, residents of Shantiniketan 1, 2 and 3 are one of the most fortunate people in the USA. Where else you can find a facility where you have a private 2 BR condo with LV, Kitchen, Garage and two bathrooms. You walk every day and you will meet many Indian friends. We get freshly prepared two vegetarian meals, seven days a week. All these with reasonable affordable cost of living.

It is a mini-India in the SN community. Our native languages are different but we all worship the same Gods, follow the same Indian philosophy and culture. I am impressed with our programs such as SN got talents, Geet Gazals and Karaoke singing.

One missing item is "Drivers' club". Many people do not drive or do not have car; hence are confined to respective campuses. We should have a volunteer group in each campus, where we can give rides to such fellow residents. Each week we can go one evening to a non-Indian restaurant such as Thai, Italian, Mexican, Chinese etc. Everyone pays their own bill. This will be a refreshing experience for many people who are confined to SN campuses. This could be a part of "Drivers' club" activities or one can also call this group, if it materializes, "SN Diners' club". Such activities will foster mutual appreciation, camaraderie and joy to all of us.

Please have the Lamp's readers share their suggestions on this topic

### संता - बंता

संता और बंता दोनों भाई एक ही क्लास में पढ़ते थे

Teacher: क्वेश्चन पेपर में तुम दोनों ने अपने पापा का नाम अलग-अलग क्यों लिखा ?

संता: सर फरि आप कहेंगे नकल मारी है, और पनशिमेंट देंगे।

### Helping Hand Club: (Proposal)

#### A. Balasubramanian (SN2)

Recently a female resident in SN2, had a bad experience with her car. Her car won't start and she heard noise while starting. She called the Ford autoshop. She asked to do the diagnostic test. The bill came to \$195+. Ultimately it was Battery failure and needed replacement. No other problems. This could be easily solved if she could get proper help.

There are several people living in SN2, driving alone. They didn't know what precautions to take or how to handle an emergency situation.

I think it will be useful for those who need help and can be taught some simple techniques and introduce some gadgets for them to keep handy. Residents should be helpful to one another when they need help.

We are seniors and sometimes we need other's help for our car, computer, cell phone etc..

I propose, we form a Helping Hand Club, identify who is in need of help, be willing to go when they call and once a month we meet and exchange those experiences.

The core members from each campus should be willing to help other members of their respective campus, when they are called upon.

This formal group will be valuable to ladies, elderly, sometimes physically restrained etc..

First, we need to identify who is willing to help and exchange ideas/information.

Hope this is a great Seva to our community members.



# BHARAT/India:

In this section we plan to bring some events, activities, accomplishments, honors and issues of interest **from our motherland Bharat** encompassing religion, culture and politics. **Reader's contribution is solicited.** -Editor

## What is "BHARAT"?



Bharat is the official Sanskrit and Hindi official country Name for India: Article 1 of the Indian Constitution states "India, that is Bharat..."

'भारत' शब्द का मुख्य अर्थ "ज्ञान या प्रकाश की खोज में लीन" है, जो संस्कृत के दो शब्दों 'भा' (प्रकाश/ज्ञान) और 'रत' (लीन/लगा हुआ) से बना है। यह शब्द अंधकार से प्रकाश की ओर जाने वाली भारतीय संस्कृति और ज्ञान की परंपरा का प्रतीक है, जो ज्ञान को प्रकाशित और वेस्तारित करने वाले देश को दर्शाता है।

Thus, 'Bharat' means "the nation, who is engaged in the search for knowledge"  
It is often linked to the legendary King Bharata. It represents the nation's cultural heritage, derived from roots meaning "to bear/carry" or "light/radiance"

## Jaiwardhan Tyagi

A 13-year-old boy from Ghaziabad impressed Shark Tank India Season 5 with his AI



healthcare startup, Neurapexai. Jaiwardhan Tyagi secured Rs 60 lakh funding from investor Aman Gupta. While some Sharks noted the idea was early-stage, the pitch was hailed as inspiring. Neurapexai analyzes medical data to generate reports.

[Click to View](#)

## India AI Impact Summit 2026

The India AI Impact Summit 2026, held in New Delhi from 16–20 February, marked a significant turning point in the global discourse on artificial intelligence by shifting focus from mere AI safety debates to real-world impact, inclusivity, and development-driven applications.

The summit brought an unprecedented global gathering of over 20 heads of state, 60 ministers, and hundreds of AI leaders, from more than 100 countries. This highlighted India's emergence as a central player in shaping the future of AI governance and innovation; a strategic global milestone for India.

A defining theme was "People, Planet, and Progress." Emphasizing that AI not just for economic growth, but also for social empowerment, environmental sustainability, and equitable access, with human-centric values.

The most important outcomes was a global commitment to responsible and inclusive AI development. Participating nations agreed to promote AI for public good—particularly in healthcare, education, agriculture, and governance—while ensuring ethical standards, transparency, and resilience.

India used the platform to showcase its ambition to become a global AI leader.

The summit highlighted technological advancements and product innovation. Indian companies introduced large language models, multilingual AI systems, and speech technologies for diverse linguistic populations.

The summit signaled a broader geopolitical shift and India positioned itself as a “bridge power”—balancing innovation, governance, and inclusivity.

India AI Impact Summit 2026 secured over \$250 billion in investment commitments for AI infrastructure.

[Click for Reference](#)

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## SENIOR LIVING

In this section, we want to focus on physical-mental-spiritual wellness of seniors. we plan to bring info/article related to happy, healthier and enjoyable Senior Living.

Our motivational speaker Baldev Seekri has given many talk/presentations related to Senior Living from “Blue Zones” to “Legacy”. Hope he will be the regular contributor to this Senior Living section of the Lamp

**Reader’s contribution is solicited.** -Editor

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### Loneliness and Search for ‘Meaning of Life’

Loneliness and depression in elderly people is not uncommon.

Tolstoy (*famous for “War and Peace” and revered by Mahatma Gandhi*), had gone thru this painful process to the verge of suicidality.

Here is the gist of what he found and how he dealt with it.

[Click to Watch](#)

“The Philosopher Who Discovered The Meaning of Life: Leo Tolstoy and His Search For

Truth” (often discussed via his work *A Confession*) chronicles the intense existential crisis faced by Leo Tolstoy at the height of his fame and fortune, and his subsequent journey to find meaning in life.

#### **The Crisis of Meaning**

Despite having wealth, a loving family, and literary success, Tolstoy (at age 50) was overwhelmed by nihilistic thoughts, finding his life empty and senseless. He was plagued by the thought that death would erase all his achievements, leading him to feel that life was a “stupid trick” played upon him, bringing him to the brink of suicide.

#### **The Search for Truth**

Tolstoy realized that his intellectual, scientific, and upper-class life failed to provide an answer to the question: “*Why should I live?*”. He observed that the elite tried to ignore this question through distraction or hedonism, which he found empty.

#### **The Discovery: Faith and Simplicity**

Tolstoy found his answer by turning away from the intellectual elite and observing the common people, laborers, and peasants. He realized:

**Meaning is lived, not thought:** The peasants (farmers, laborers) did not need complex philosophies to justify their existence; they found meaning in daily labor, connection to nature, and faith.

**Faith is the force of life:** He concluded that faith—defined not just by church dogma, but by a connection to something greater than the self—provides an internal, irrational knowledge that makes life possible.

**Service over self:** He found that the meaning of life lies in humility, compassion, and serving others, rather than in selfish ambition.

**Conclusion:** Tolstoy concluded that the meaning of life is not something to be found through reason, but to be felt through love and action. His search led him to abandon his noble lifestyle for a life of simplicity, focusing on moral improvement and altruism.

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### संता - बंता

कसी ने पूछा: संता और बनता में क्या रश्ता है।  
बेसन और पकोड़े का।  
कैसे?

जब तक बेसन नहीं सनता, पकोड़ा नहीं बनता ।

## Statin Therapy

In patients aged  $\geq 80$  years, statin\*\* therapy for primary prevention of cardiovascular disease was associated with reduced all-cause mortality and coronary morbidity, without increased risk of adverse events. Early discontinuation diminished these benefits. (From Journal of American Geriatric Society (Published: 07 March 2026)

\*\* Statins are highly effective, commonly prescribed medications used to lower LDL ("bad") cholesterol, reduce triglycerides, and prevent heart attacks or strokes. Common types include [Atorvastatin \(Lipitor\)](#) and [Rosuvastatin \(Crestor\)](#). While generally safe, side effects can include muscle pain, digestive issues, and increased blood sugar.

## FOR YOUR PLEASURE

(Jokes, Quotes, Cartoons, poem and some info)

**Reader's contribution is solicited. -Editor**

### Jokes

It was two o'clock in the morning... and a husband and wife were sleeping when suddenly the phone rang. The husband picked up the phone and said, "Hello? (paused for a few seconds) How the heck do I know? What am I, the weather man?" and slams the phone down. His wife rolls over and asks, "Who was that?" The husband replies, "I don't know. Some guy who wanted to know if the coast was clear tonight."

#### Jeevan Anand Policy

A woman worked for LIC (Life Insurance Corporation).

One day she went to a painter and asked him to paint her portrait. She also insisted that in the painting she should be shown wearing a necklace worth 1.5 million rupees, even though

she was not wearing any necklace. The painter asked, "Why should I paint a necklace when you're not wearing one?" The woman replied, "If I die, my husband will definitely marry again. When his new wife sees my portrait, she'll look for that necklace and surely ask my husband for it. But since such a necklace doesn't actually exist, the two of them will keep arguing about it." "And that," she said, "will give my soul immense peace!" That's why it's called the 'Jeevan Anand Policy' — *happiness during life, and even after life.* 😊

Two AIs are talking. One says - "Do you think we will never be able to compete with humans?" The other replies - "Don't worry, they'll be too busy arguing about which programming language is superior."

A blonde woman goes to the doctor looking fantastic: Her hair is coiffed beautifully, and her flawless makeup has been done by a professional. She's wearing Gucci heels, a Versace dress and carrying a Prada purse. The doctor asks, "What seems to be the problem?" She tells the doctor, "I've been stung by a nasty insect of some kind ... but I'm ashamed to tell you where." "It's okay," says the doctor. "Our communication is privileged; I won't tell anyone." "Okay," says the woman. "It was at Walmart."

A police officer pulls over an elderly female for speeding while driving her husband to a doctor's appointment. The officer approaches the vehicle and attempts to explain that he stopped her for speeding. She looks at her husband and asks, "What did he say?" The husband replies, "He said he stopped you for speeding." The officer asked the elderly female for her driver's license and she turned and asked her husband, "What did he say?" The husband replies, "he wants to see your driver's license."

The woman hands the officer her license and he sees that she is from his old home town. The officer tells the couple that he remembered

the town because he had the worst sexual experience of his life there. The women looks at her husband and asked, "What did he say?" The husband replies, "He says he knows you."



युद्ध नहीं प्रेम करो  
और अगर दोनों  
करने है तो विवाह  
करो



## War is a Business

- Shared by Nat Hari/Jitu Trivedi-SN2

Once you realize war, religion, and sickness are the most profitable businesses in the world, you'll understand why the world is the way it is.

### **War is not about peace, it's business.**

Governments fund it. Corporations supply it. The media sells it. And soldiers die for it.

Trillions are made while countries bleed. Every war is a profit opportunity disguised as a noble cause.

**Religion isn't always about God. It's control.** Fear of hell is a tool. Promises of heaven are currency.

People tithe their poverty to build empires for men in robes. Guilt keeps you loyal. Blind faith keeps you broke. Salvation is monetized.

**Sickness is a goldmine.** Cures are bad for business. They don't want you dead. Just sick enough to keep spending. They sell fear, then sell relief. Pharmaceuticals profit more from managing disease than ending it. Health is a market. You're the customer.

*Now you see it. War keeps you scared. Religion keeps you obedient. Illness keeps you dependent. It's not chaos. It's a system. And it's working exactly as designed.*

